

EDITORS WORDS

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It is with great pleasure that I welcome you all to the very first edition of this e-journal, Volume 1, Issue 1, December 2020.

With on-going research and developments, education is a dynamic & vibrant field. This e-journal intends to be a window, in terms of both research knowledge and opportunities, for research scholars, teachers and students in the area of education. This e-journal intends to provide research knowledge and opportunities, for research scholars, teachers and students in the area of education.

In line with the theme of education, this issue of e-IJEAS focuses on various educational matters. Scholarly papers of this issue focuses on Mental health, Emotional stability using Yoga, School library as a resource for English language.

As the Editor in Chief of e-IJEAS, I am thankful and wish to express my gratitude to all contributors for their time, effort and valuable thoughts and supporting us in the preparation of this issue. I also express my thankful gratitude to all, who have extended their helping hands in their different capacities for the preparation of this issue.

Constructive suggestions for the development of this e-journal are always welcome.

Dr. Seema Menon K.P

Editor-in-Chief, e-IJEAS

Ottapalam,
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